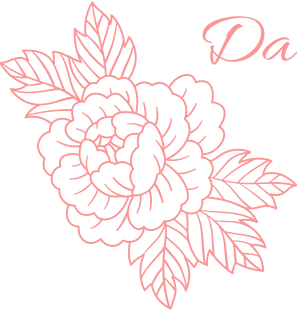


# Daily Affirmations for A Happy Morning



Make  
yourself  
the  
priority

1. I am enough
2. I am lovable
3. I am brave
4. I am worthy
5. I am a good person
6. I believe in myself
7. I am wanted
8. I am safe
9. I can do anything
10. Nothing is impossible
11. I am beautiful
12. I am limitless
13. I am confident

Talk to yourself like  
someone you love.

*BRENE BROWN*

How you love yourself  
is how you teach others to  
love you.

*RUPI KAUR*

